

THE ADVOCATE.

In Training.

"That," said a Sophomore is one of the one of our colleges to a visitor, "is John Black." He pointed to a wiry, muscular young fellow, who in boating costume was making his way to the river. "He is going to take a pull on the stream for an hour. He is completely in the hands of his trainer."

"And what does his trainer do for him?" asked the ignorant visitor.

"He regulates his whole day. John gets out of bed at a certain minute every morning; he exercises with Indian clubs; is rubbed down; runs a couple of miles on the course; takes a cold bath; is rubbed down again, and so on until night. Every mouthful he eats is prescribed by the trainer. The day is strictly divided into hours for exercise, for rest, for bathing, and for work. The life he leads is as hard as the life of a galley-slave."

"Why does he do it?"

"He is to run against the college champion. He must put himself in training if he wants to win the prize."

"What is the prize?"

"A gold medal."

The visitor was also a young man. He did not want to run or jump, or row for a prize, but he had a great ambition to live a high, noble, helpful life.

It occurred to him now, that he had not been working so hard to that end as this other boy was working for a gold medal. When his companion left him, he walked alone, thinking of it, and he made a resolution which may seem fantastic to some of the readers of this article.

He would put his soul in training. Every morning he would give an hour to his Bible, and seek to bring his thoughts and motives into comparison with the thoughts and motives of Christ.

He would then exercise his judgment as this athlete did his body, to make it stronger. For instance, in the circle of his family and friends, his thoughts were like to be harsh and censorious. But he would compel himself to find some good feature in each character, to think of it, and look at his friends through its kindly light. His charity, like the athlete's muscles, would be thus strengthened by use.

The runner gave part of the day to climbing a steep mountain in the neighborhood; he thus gained power and health by the muscular exercise and by breathing purer air than that of the town.

He, too, would try to leave behind the gossip, the trivialities, the coarseness on the dead level of his daily life, and climb to the height of some noble thought, or some great truth of science.

Moreover, as the daily bath was necessary for the body of the athlete, so must it be for his soul. He would, by self-examination, seek to cleanse it of all the impurities that might originate within, or be gathered by contact with the world from without.

Why, he thought, if this boy puts his body in such severe training to gain a coveted honor in his college life, shall I not train my soul to win a life that is gentle and true and merciful, and that takes hold of the "life that is to come."—Youth's Companion.

An able man, himself a hard worker has said: "Fourteen hours' hard work a day will make any man a genius," and in this has added a new epigram to the world's store. It is the plodder who "gets there." This is to be considered no argument in favor of "puttering," for puttering and plodding are as far apart as night and morning. It is simply a point in recognition of the merits of pertinacity as virtue.—New York Continent.

A writer on physiology asserts that the human body generates enough heat during the day to melt forty-four pounds of ice and raise it to the boiling point. Probably the professor would get even more startling results if he would experiment with a Pittsburgh citizen the day he gets his natural gas bill.—Pittsburgh Dispatch.

"This bell," said a well-meaning sexton, when showing the belfry of an interesting village church to a party of visitors, "is only rung in case of a visit from the lord bishop of the diocese, a fire, a flood, or any other such calamity."

"The human race must be awfully fast," said St. Peter. "Why do you think so?" queried Gabriel. "They are all out of breath when they get here," returned the gatekeeper.—New York Herald.

When a man pats himself on the back and feels good because he thinks he has done a little more than the Lord ought to expect of him, the devil goes on his way feeling very well satisfied.

They who have never known prosperity can hardly be said to be unhappy; it is from the remembrance of joys we have lost, that the arrows of affliction are pointed.

WHY DO YOU COUGH?

Do you know that a little cough is a dangerous thing? Are you aware that it often fastens on the lungs and far too often runs into Consumption and ends in Death? People suffering from Asthma, Bronchitis, Pneumonia and Consumption will all tell you that

"IT STARTED WITH A COLD."

Can you afford to neglect it? Can you trifle with so serious a matter? Are you aware that

DR. ACKER'S ENGLISH REMEDY

for Coughs, Colds and Consumption is beyond question the greatest of all Modern Remedies? It will stop a Cough in one night. It will check a Cold in a day. It will prevent Croup, relieve Asthma and cure Consumption if taken in time. You can't afford to be without it. A 35 cent bottle may save you \$100 in Doctor's bills—may save your life! Ask your druggist for it, or write to W. H. HOOKER & Co., 46 West Broadway, New York, for book.

PATCHEN CLAY.

Black stallion; 16 hands high; foaled 1885.

Bred by Dr. Horr & Bryant, Lexington, Ky.

Sired by Mambrino Patchen 26; 1st dam by Whip Clay 4121; 2nd dam a. b. thoroughbred Mambrino Patchen 26, full brother to Lady Thorne 184; sire of 17 in 2nd dam and Guy Wilkes 2124; Crawford 2124; Honri 2127; Astral 2128; Rosa Wilkes 2128; etc. Elva, 2124; Clara 2124; Dan Thorne 2124; Beamsda 2124; and thirty-eight more from 2nd dam to 2nd granddam of seventy-seven 2nd horses, among them Allerton (4) 2125, Astell (3) 2124, Whip Clay 4121 (died when young, sire of Will Benham 2124; and Mattie Clay, dam of Little C, 2124; by Cassius M. Clay, Jr., 2d; 1st dam Becky (dam of Brigand 1812; sire of Red Cross 2124).

Cassius M. Clay, Jr., sire of Durango 2124; Harry Clay 2124. He also has 9 sires with 14 in 2nd dam with 16 in 2nd; by Cassius M. Clay, sire of George M. Patchen 2124; also 7 sires with 14 in 2nd.

PATCHEN CLAY will make the season of 1891 at the stable of W. M. Gay, two miles south of North Middletown, Ky., at \$15 to insure a Mare in Foal. Money due when the fact is ascertained or mare bred to another horse.

Banner Wilkes.

(STANDARD.)

Bay stallion; foaled in 1888. Sired by Forest Wilkes 2124; dam Old Ned, dam of Clemmie G, 2124; and 4 others in 2nd list. Forest Wilkes by Bourbon Wilkes, sire of 20 in 2nd list or better; by George Wilkes, dam by Alexander's Abdallah, (sire of Goldsmith Maid 214). He was one of the greatest horses that ever lived.

BANNER WILKES dam by Alta, (who died young with 2 in 2nd by American Clay, dam by Mambrino Chief; 2d dam by Alexander's Abdallah. This should make a great stock horse, having American Clay and Mambrino Chief, two crosses of Alexander's Abdallah in him. He is a strong built horse, good boned, big gutted fellow, 15½ hands high, and will make the season of 1891 at the stable of W. M. Gay, two miles south of North Middletown, Ky., at \$20 to insure a Living Colt, payable when colt comes, mare is parted with or bred elsewhere.

Eureka.

EUREKA is a dark chestnut, sixteen hands high, of great power, style and action. He is the finest combined horse in Kentucky. Eureka is by Young's Morgan, he by Butler's Eureka, he by Long Island Black Hawk. Eureka's dam, by Bartlett's Boston, he by the great race horse, Old Boston, sire of Lexington; grand dam by Cassius M. Clay, Jr., sire of Sir Archie. Morgan dam was one of the finest saddle mares in Kentucky, having taken premiums at Lexington and other fairs. The dam of Butler's Eureka was by Mambrino Paymaster, grand dam by Cock of the Rock, brother in blood to American Eclipse.

EUREKA has taken more premiums than any horse, mare or gelding in Kentucky; 123 in all, including the \$100 premiums at St. Louis in 1877, for the best combined stallion, mare or gelding. Montrose among them. He has racked at several fairs in 100 minutes and trotted in 2:30. He sired the fine show gelding Woodlake, that beat Lady Dejarret at Lexington, and sold by S. H. Rowland for \$1,500. He also sold Woodlawn, by Eureka, for \$1,000, afterward offered \$200 for him. Lewis Ellis raised and sold 20 of his colts at an average of over \$500.

This champion saddle and harness stallion will make the season of 1891 at the stable of W. M. Gay, two miles south of North Middletown, Ky., at \$20 to insure a Mare in Foal, payable when the fact is ascertained, mare parted with or bred elsewhere.

J. H. GAY, North Middletown, Ky.

THE FINE TROTTING BRED

Hambletonian Clay

Will make the season of 1891, at my stable in Owingsville, Ky., at \$15 to insure a Living Colt. Money due when colt comes or mare parted with. Mares from a distance kept on reasonable terms. A lien will be retained on foals for the get of colts.

HAMBLETONIAN CLAY was sired by Magic 1451; first dam by Standard Bearer 5300; second dam by Bradford's Telegraph; third dam by a thoroughbred. Magic 1451, record 2:23, is the sire of Clemmie G, 2124; Post Boy, 2124; Keno, 2124; and granddam of Lily 1234; at 4 years old, Valiant 2124; at 3 years old, Emulation, and Valiant, 2124; at 2 years old, Magic, 1451, by American Clay, 84, by C. M. Clay, Jr., 2d, by C. M. Clay 12, etc. American Clay sired Elva 2124, in the 2d heat, and the dam of seventeen 2d performers. Standard Bearer 5300, by Volunteer 88, by Hambletonian 10; Standard Bearer's first dam by Roe's Abdallah Chief. Standard Bearer sired Marlow, 2124; Banner Boy, Gratz, Contender.

HAMBLETONIAN CLAY is 15 hands 2½ inches high, a deep blood bay, no white hairs on him, legs black as ink, perfectly formed in his legs and wonderfully stout all over, and is as fine a model as is in the world to work and shows he is a trotter by going a mile in 24½ in 40 days' work, and from his breeding will give his trotters and fine level-headed leaders. By reference to the tables it will be seen that this young horse is a blood cousin to the dam of George Wilkes and the dam of Edwidge, both being Clay mares and both horses being the two greatest producing stallions in the world, and this young stallion is as fine a horse as I ever saw.

T. W. EWING

1891

Highland Home Stock Farm.

The following Stallions and Jack will make the present season at my stables, six miles east of Winchester, on the Mt. Sterling pike:

OLD RODERICK.

This noted harness and saddle horse will make the season of 1891 at the stables of Wm. M. Clark, on the Winchester and Mt. Sterling turnpike, near Mt. Zion Church, at \$15.00 To Insure a Living Colt. RODERICK is the sire of more coach and park horses than any other horse in Kentucky. He is a beautiful bay, 16 hands high, and of fine style and action. He was sired by Mambrino Le Grand, he by Highland Chief, he by Mambrino Chief. First dam by Halcorn; second dam by Downing's Bay Messenger. One of Old Roderick's colts sold for \$1,200 a few days ago in West Virginia.

HECTOR DENMARK.

HECTOR DENMARK is a rich bay, with small star in face, and fine mane and tail; four years old, 15 hands 3 inches high, and very blood like appearance. For style, action, gait and as a saddle-bred horse has but few equals. Hector Denmark was bred by P. Dolan, Fayette county, Ky. Sired by Washington; first dam by Halcorn; second dam by Jewell, by Washington Denmark; third dam by Lookout, by the Sprake horse, by Washington Denmark; fourth dam by John Dillard, Jr., by John Dillard. Washington, by Cromwell, he by Washington Denmark; Cromwell's first dam by Old John Dillard; second dam by Grey Eagle. Washington's first dam by Halcorn; second dam by Crusader; third dam by Cockspur. HECTOR DENMARK (The Premium Saddle Stallion), will make the season of 1891 at \$20 To Insure a Living Colt.

ED. SUTHERLAND, Jr.

Sired by Ed Sutherland, first dam Minnie by Williams' Hamlet; second dam by Wake-up-Jack, he by Bay Messenger. ED. SUTHERLAND, Jr., by Ed Sutherland, he by Egbert, he by Rysdyk's Hambletonian. First dam by Campton, he by Messenger Duroc, with 5 in the 2:30 list. Will make the season of 1891 at \$15.00 To Insure a Living Colt.

BLACK SAM.

Sired by Bourbon, he by Burr Oak, he by Young Buena Vista, he by Lair's Buena Vista. First dam by Black Sam, he by Perfection; second dam by Black Prince, he by Black Sam, Sr. Will make the season of 1891 at \$10 To Insure a Living Colt.

Money due when colt comes or the mare is parted with. Care taken to prevent accidents or escapes, but not responsible should any occur. A lien will be retained on each colt until the season is paid. Grass furnished at 8¢ per day.

J. M. CLARK.

The Trotting Bred Stallions,

Bay Post Boy,

—AND—

Monroe Forrest,

Will make the season of 1891 at my stable, one mile south of Rima Lick, on the Plum Lick & North Middletown pike. BAY POST BOY at \$15 to insure a live colt. MONROE FORREST at \$10 to insure a live colt. Money due when colt comes, mare parted with or bred to another horse.

BAY POST BOY is a beautiful bay with black points, 16 hands high, and a show horse, particularly. Sired by Post Boy, record 2:23, sire of Lady, 2d, at four years old, by Magic, sire of Clemmie G, 2124; Dan Belle Forrest, by Ned Forrest; 2d dam by Abdallah, (Collier's).

MONROE FORREST is a solid bay, 15½ hands high, very heavy mane and tail, and has feisty, style and action equal to the best. Sired by Mambrino Forrest, Dan, Nannie West, by Jim Monroe, sire of Monroe Chief 2124.

All accidents at owner's risk. For further particulars and extended pedigrees, address

I. B. CROUCH,

PLUM LICK, KY.

MAMBRINO FORREST

This splendid coach horse will make the season of 1891 at our stables near Aaron's Run, at

\$15 To Insure a Living Colt.

Money due when colt comes or mare parted with.

Sired by Ned Forrest, Jr., he by Sims' Ned Forrest, and by Alexander's Edwin Forrest, 1st dam by Mambrino Chief; 2d dam Virginia Whip; 3d dam by Sir Archie; 4th dam by Old Irish Pilot. This horse has proven himself one of the best sires of coach and road horses in Eastern Kentucky. He is the sire of the noted show horses, Forest Prince and Montgomery Forest, and his geldings have brought more money in the Eastern market than any others we know of.

Also, at the same place, we will stand two of the best mule and jenny jacks anywhere in the country.

Napoleon, Jr.,

—AND—

Handsome Andy

at \$10 To Insure Living Colts.

Terms same as those for the horse. Grass furnished at reasonable rates. Cash taken in advance. No return of money should any occur.

MASON & HENRY,

Sideview, Ky.

—THE TROTTING STALLION,—

BANKRUPT!

Standard and Registered 10562

Out of the dam of Reputation, 4-year-old record 2:10½. Sired by Banker 4344, sire of Bermuda, 2:30½; Miss Banker, Teller, 3-year-old record, 2:22; Hornpipe and Wall Street. First dam Nannie Dillard, dam of Reputation 4-year-old record 2:10½, by John Dillard, sire of dams of Eric, McLeod, Olaf, Mambrino Archie, Molly Molloy, etc. Second dam Lady Innes, by Innes's Glencoe. Third dam by Oceola, pacer.

Banker 4344, by Rysdyk's Hambletonian, 10; 1st dam Lady Banker, dam of Lyander, sire of 4 in the 2:30 list, by Roe's Abdallah Chief; 2d dam by Saltram, 3d dam by Campton. Banker was one of the best-looking sons of Rysdyk's Hambletonian, and a horse of great natural speed, having trotted in 2:25 without professional training. He made two small seasons in Kentucky and had no first-class mares; yet he sired, out of 21 colts, the great stallion Bermuda, 2:30½; Miss Banker, Hornpipe, Teller and Wall Street, all being from 3 to 4 years old. Old Abdallah 1 by Mambrino dam Amazonia. Abdallah sired Sir Walter 2:27, O'Brien 2:27½, Frank Forester 2:30. He also sired the dams of Edwidge, Innes, Squire, Pacer, etc. Rysdyk's Hambletonian 10, by Old Abdallah; dam by Innes, Redd outcross; 2d dam by Bishop's Hambletonian; 3d dam by Innes's Messenger. Hambletonian sired Dexter, Nettle and 20 others that have trotted in 2:30 or better. Roe's Abdallah Chief sired the dam of Messenger Duroc, sire of Elaine 2:28, Prospect and 14 others in the 2:30 list. John Eillard by Indian Chief; dam Lady Jackson by Mack; 2d dam by Cockspur. Innes's Glencoe by Innes's Glencoe; dam by Alex. Churchill; 2d dam Mary Brown by Richard Singleton.

BANKRUPT is a dappled brown, 15 hands 3 inches high, beautiful finish, and a colt of great action. Owing to an accident caused by a fall on the track he had to be thrown out of training; therefore he is placed in the stud, and in offering his services to the public we think no horse in Kentucky is surer to produce speed at either the trot or pacing gait, thus giving to parties who breed to him a double chance of getting speed. Besides this he is certain to sire colts of finish and natural style, suited to park and pleasure riding. BANKRUPT will make the season at the Fair Grounds in Winchester, Clark county, Ky., at \$40 to insure a Mare in Foal, money payable on the fact as ascertained. A note payable at twelve months after date, will have to be given, payable on condition that the mare is in foal.

John T. Jones, Ag't

Furniture & Undertaking.

CASSIDY & SUTTON

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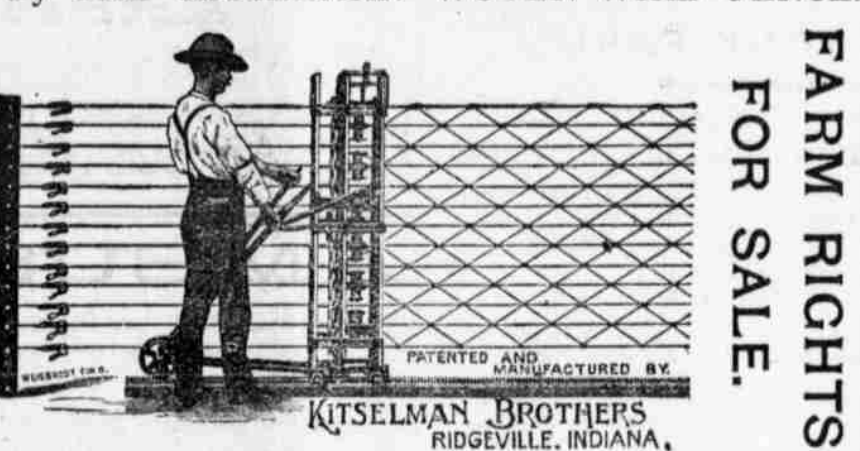
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Will make twenty different styles of woven wire fencing. Cheapest and best fencing at all. Address

RUFUS HADDEN

Mt. Sterling, Ky.

MEDICAL.

No Money Required of Responsible Parties to Commence Treatment



C. H. BOGMAN, M. D.

The well-known SURGEON and SPECIALIST of Cincinnati, O., formerly Resident Physician of the PHILADELPHIA GENERAL HOSPITAL, and PRINCIPAL CHIEF of the Ohio Medical Institute, has for thirty years devoted his attention to the treatment of CHRONIC, NERVOUS, FEMALE AND SURGICAL DISEASES, such as Bronchitis, Catarrh, Cough, Rheumatism, all diseases of the Stomach, Bowels, Rectum, Liver, Kidneys, Bladder, Sexual Organs, Heart, Nerves and Brain; diseases of the Eye and Ear, Deformities, etc.

HE WILL BE AT THE

COMMERCIAL HOTEL, MT. STERLING, KY., Saturday, June 6th, 1891, One Day Only.

Returning Every Fourth Week Thereafter.

CONSULTATION AND EXAMINATION IS FREE, and he will promptly tell you all about your disease and the prospects of a cure. He undertakes incurable cases. LADIES afflicted with any of the ills peculiar to their sex may consult him with perfect confidence, and the assurance of certain relief and permanent cure. Their cases will receive that kind and considerate attention which all will appreciate. His treatment always proves satisfactory; local treatment is seldom necessary. Ovarian Tumors, in their earlier stages, cured without pain or instrumental interference.

Stiffness is usually the result of carelessness or ignorance. It can be remedied. Epilepsy or Fits cured by a never failing treatment.

Deafness, many cases can be cured. Cancers permanently removed from the most delicate organs by our own peculiar method; little or no pain; no loss of blood; no knife or caustic; the only positive cure. Stricture, Varicocele, Hydrocele, Spermatorrhea, and all unnatural discharges permanently cured.

MEN of all ages who suffer from induritions and excesses will benefit by our counsel and treatment. If they observe certain sediments in the urine, or irritation of the urinary organs, they should consult us without delay. We restore all such cases. The doctor treats, with unfailing success, all forms of Rectal Disease, such as Piles, Fissures, Ulceration of the Bowel, by a method of his own discovery, without pain or detention from business. He guarantees all cases. Early interference is considered the best of judgment in all cases, and saves time, money, and health.

The success attained in the treatment of the cases which he makes his specialty is truly phenomenal. Wonderful Cures have been effected in old and difficult cases which have baffled the efforts of all others.

As his rooms are usually crowded it is better to call early in the day to avoid being delayed.

Persons consulting him should bring from two to four ounces of their urine in a clean bottle for examination. Patients treated by mail or express, but when possible personal consultation is preferable. List of questions sent on application.

All Consultations, Correspondence, and Cases Strictly Confidential.

Treatment sent C. O. D. to any part of the United States and Canada. Address with postage for reply.

Dr. C. H. BOGMAN, Box 703, Cincinnati, O.

DON'T

Forget as you are calculating to repair the damages,

breakages and so on that

necessarily are the results of

keeping the children in the

house all winter, playing base-

ball, kicking foot-ball, jump-

ing rope, with numerous other

enjoyments that the dear little

ones must have, that we are

just in receipt of an excellent

assortment of

LOOKING-GLASS PLATES,

and can fill your frames, large

and small, besides a nice lot

of large bevelled plates for

mantel mirrors. No other

horse carries these goods.

Carriage Paints,

House Paints,

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Roof Paints,

Wall Paints,

Tube Paints,

Water Colors,

are always in stock.

Paint, Varnish, Whitewash, Paper-Hanging, Stencil, Artist, Bakers, Horse, shoe

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